

# 12 DAYS OF KINDNESS

Donate items across 12 days  
26<sup>th</sup> November – 11<sup>th</sup> December



## WISH LIST:

### FOOD:

Tinned Meat/Fish  
Tinned Vegetables  
Tinned Potatoes  
Tinned Tomatoes  
Cuppa Soups  
Pot Noodles  
Instant Pasta  
Pasta Sauce  
Instant Mashed Potato  
Tinned/Instant Custard  
Tinned Fruit  
Jams and Spreads  
UHT Milk  
UHT Fruit Juice  
Instant Coffee  
Biscuits

### WARM CLOTHES:


Hats  
Gloves  
Socks  
Hand Warmers  
Waterproof Clothing

### TOILETRIES:

Toothbrush  
Toothpaste  
Sanitary Products  
Deodorant  
Shower Gel/Soap

### DONATION POINT:

Info Point, Binks Building



In aid of  
West Cheshire Food Bank,  
Chester Aid to the Homeless  
and Share Aid.  
#uoc12daysofkindness



Volunteering  
and Mentoring



A department within Student Futures